

Moms & Moppets

2009-2010 PROGRAM SCHEDULE

Plymouth United Church of Christ

Board of Plymouth Women

SEE WHAT WE'RE ALL ABOUT!

As you know, being a parent of a young child (or children) can be very challenging. At times it may seem overwhelming! Moms and Moppets was created to provide mothers of young children an opportunity to gather for fellowship, education and support while at the same time offering a separate peer social group for their children.

This year we are reaching out to moms who work outside the

home to provide more ways than ever for moms to participate! In addition to our **regular monthly meetings**, moms are invited to join our **monthly Moms' Nights Out, Family Nights Out, and Families of Faith** nights. More information and schedules are included in this newsletter.

Moms and Moppets is about forming friendships, finding support, sharing parenting struggles

and successes, laughing, learning, and journeying through motherhood together.

Whether you are a member of Plymouth Church or not, consider this your invitation to join us! Read on to find out how!



MONTHLY MEETINGS

We meet the 3rd Thursday of every month (September-May), 9:15 a.m. – 11:30 a.m. in the Youth Room at Plymouth Church (located at 42nd and Ingersoll). Parking lot entrances located off 42nd, 41st and Ingersoll, and 40th.

Most meetings include time for socialization, general business, and a speaker or sharing and caring time.

Onsite childcare is available in the Toddler Room on the 1st floor; however, babies and reticent children are welcome to stay with

their moms during the meeting.

Yearly dues of \$20 pay for childcare and other programming costs. Feel free to try a meeting or two before you decide to join.

?s to Molly at m.hagkull@mchsi.com

Fall 2009

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Need more info? Contact our co-chairs:

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MONTHLY MEETING SCHEDULE 9:15 AM – 11:30 AM

September 17: Music, Movement, and Love: Growing your musical child! Molly Hagkull, Licensed Kindermusik Educator

October 15: Halloween caroling at Plymouth Place. We'll have some social time then dress up our kiddos and take them across the street to entertain the seniors at Plymouth Place.

November 19: Understanding Vaccinations, Dr. Nathan Boonstra, Pediatrician @ Blank Clinic

December 17: Brunch with Santa. (Burling/Greenwood Room) Enjoy potluck brunch with the moms, then the children join us as we greet a jolly visitor from the North Pole! A great holiday photo-op!!

January 21: Recharge with Tai Chi, Ruth Kneile

February 18: Living the Frugal Life, Sara Figgins, author of blogs learningthefrugallife.blogspot and onemomfiveboys.blogspot

March 18: Motherhood: In our own words. (Waveland Hall) Join WF luncheon (note time change: noon to 2:00 pm),

April 15: Simple Ways to Live Green, Plymouth Green Team

May Day: May baskets at Plymouth Place

May 20: End of year brunch. Celebrate the end of the year with a potluck brunch and slideshow of our year.

MOMS' NIGHTS OUT

Working moms and stay-at-home moms can all use a night out! Put the kids to bed, then come join us!

- *October 5, 7:30 p.m. Good Sons restaurant in Beaverdale. 2815 Beaver Road, Suite 102. Put the kids to bed then join us for martinis and paninis.*
- *November 2, 7:00-10:00 pm. Burling Room @ Plymouth Church. Nuts to you! Help us bag nuts for the Plymouth Women's holiday nut sale fundraiser. (We have been known to test the chocolate almonds and amaretto pecans for quality control!)*
- *December 7, 7:30 p.m. Molly's house, 405 51st Street, Des Moines. Holiday get together! The holidays are a busy time—relax and enjoy and evening with other moms!*
- *February 1, 7:30 p.m. Caribou Coffee on Ingersoll*
- *March 1, 7:30 p.m. TBD*
- *April 5, 7:30 p.m. Mars Cafe*

FAMILY NIGHTS OUT

An evening for parents and kids! Bring a dish to share and join us in Waveland Hall for a Potluck Dinner followed by games for the whole family.

Thursday, October 8, 5:30 p.m., Greenwood Room

Thursday, January 14, 5:30 p.m., Greenwood Room

Moms and Moppets: Supporting one another through the joys and challenges of parenting young children.

FAMILIES OF FAITH

Connect with other parents as you learn fun ways to be intentional about growing faith in your home. Childcare provided in the Toddler Room.

Wednesday, November 11, 5:00-6:00 p.m., Greenwood Room

Advent Activity Calendars. Don't let the advent season slip past you this year! Be intentional about injecting faith into the activities you plan for your family. Learn how to create an advent calendar with simple, fun, and meaningful activities for your whole family. Bring your planner or calendar!

Wednesday, February 24, 5:00-6:00 p.m., Greenwood Room

Bible Study, Family-style! Take the Faith Five challenge this Lent. Learn and discuss ways to share bible verses and stories with your whole family.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book

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Plymouth United Church of Christ
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We're on the Web!
www.plymouthchurch.com

CONTACT INFORMATION

How do I get involved in Moms and Moppets?

For more information, contact one of our officers:

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